Sierra Avalanche Center Avalanche Rescue for Motorized Users Course Syllabus

Course Summary

This course provides avalanche rescue practice for motorized users. Learning will occur through precourse reading and videos, and one 8hr day of field practice. Because avalanche avoidance skills should be prioritized over avalanche rescue skills, it is strongly recommended - but not required - that only graduates of a Level 1 register for this class (the Level 1 can be motorized or non-motorized). This class follows the guidelines for Avalanche Rescue as established by the American Avalanche Association.

Schedule

The class will run from 9am-5pm, entirely in the field. Instructors will communicate specific plans prior to and throughout the class. Attendance and participation in the full class is mandatory.

Course Requirements:

Participants must:

- Be able to ride off-trail in variable conditions. Riding ability is less important on Rescue classes than on Level 1 and Level 2 classes, but participants still need to be able to ride off-trail in variable conditions.
- Bring a functioning beacon, shovel, and probe. Beacons should be <u>modern three-antennae</u>, shovels should be made specifically for avalanche rescue, and probes should be 270cm or longer. Avalanche gear must be worn/carried on self, and not in tunnel bag. An extra shovel in tunnel bag is recommended.
- Wear a DOT or similarly approved helmet and weather-appropriate gear.
- Ride a reliable, well-maintained snowmobile/snowbike, capable of off-trail travel. Machines must be registered with visible registration markings. Spare belts and repair kits are strongly recommended. Poorly maintained machines and/or machines not intended for off-trail travel may jeopardize the experience of others.
- Read the required materials and apply the Daily Flow and Alerts stickers to machines for easy reference while riding.
- Bring a radio capable of operating on <u>FRS/GMRS frequencies</u>.

Required Materials:

- The SAC Daily Flow user guide and videos, with an emphasis on the rescue chapter.
- Daily Flow and Alerts stickers, available for free at most regional powersports dealers. Additional stickers will be provided in class.
- AIARE's rescue video

Learning Outcomes

The successful student will:

- Become familiar with the structure and oversight of avalanche education in the U.S.
- Be aware of avalanche risk management tools, including ways to identify avalanche terrain
- Recognize that companion rescue skills are necessary for travel in avalanche terrain
- Acknowledge that avoidance is more important than rescue
- Follow basic travel protocols, including trailhead checks for rescue and emergency gear
- Demonstrate familiarity with rescue gear
- Improve skills by completing simple companion rescue scenarios
- Practice complex multiple-burial techniques
- Describe medical and traumatic problems associated with avalanche accidents
- Plan for a self-evacuation and/or transition to an evacuation led by a SAR team
- Assist with an organized rescue led by a SAR team
- Facilitate continued companion rescue practice with riding partners